



# TOWN OF COLCHESTER

Commission on Aging  
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*Where Tradition Meets Tomorrow*

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*Nancy A. Bray*

NANCY A. BRAY  
TOWN CLERK

## Colchester Commission on Aging Meeting Minutes

Monday, February 10, 2014 - Colchester Senior Center

**Members Present:** Chairperson Rose Levine, Jean Stawicki, Goldie Liverant, Gary Siddell

**Members Absent:** Rob Gustafson, Joe Menhart, Susan Choma

**Others Present:** Patty Watts, Mary Tomasi, Lisa Ryan

- 1. Call Meeting to Order:** The meeting was called to order by Chair R. Levine at 8:34 a.m.
- 2. Minutes:** J. Stawicki motioned to approve the regular meeting minutes of 1/13/14. G. Siddell seconded. All members present voted in favor. MOTION CARRIED.
- 3. Financial Report:** P. Watts reported that January daily transportation collected \$113. There were no out of town trips. This brings the YTD total to \$1,452.
- 4. Chairman's Report:** No items were reported.
- 5. Senior Center Director's Report:** P. Watts reported that the center will be closed on February 17<sup>th</sup> for Presidents Day. 2013 year-end statistics are as follows: attendance increased by 6.4%, out of town medical transportation increased by 48%, Making Memories attendance increased by 11.6%, meals served onsite increased by 36.7% and trip attendance increased by 22%. The proposed budget includes \$6,500 for material for the room divider in the Making Memories/game room, an additional \$16,000 for building rental, and \$4500 for My Senior Center technology. The Eagle Scout project is on track and has raised almost all of the funds through pasta dinners. The storage cupboards/room dividers will be installed by the end of February. A 'Matters of the Heart' lunch & learn program, sponsored by Marlborough Health & Rehab will be held today, Feb. 10. On Friday, Feb. 14, there will be a 'I ♥ Pizza' lunch. The Victorian Lady will host a Victorian Valentine Tea on Feb. 27<sup>th</sup>. AARP Tax aid season runs from Feb. 18 – April 8<sup>th</sup>. The Choral Group will be accompanied by Roz Etra. The two bingo groups are merging and will be meeting to discuss this. There is a new health & wellness article featured in the newsletter written by Dr. Matyl from Backus Hospital Family Health Center. All vehicles are back on the road. Although the budget is currently in line, it is projected to be over by the end of the fiscal year due to repairs. Attendance in January was 822 with meals for the 21 days the center was open. There were 953 monthly transports, 77 bistro & special meals served and 96 café meals. January also brought 4 new members. The Nutrition Olympics initiative offers a chance for a \$25 CVS gift certificate for receiving a stamp for at least 5 TVCCA meals. TRIAD will be publishing a quarterly safety related article in the newsletter. The first will be in March.

- 6. New Senior Center Building Update:** The town is looking at a possible 5 year lease to own agreement for the current building. If that goes through, they want to establish a commission that will develop a long term plan. There was discussion regarding gathering data for specific space requirements for a future senior center. Members discussed the building requirements for accreditation. Patty said that NCOA has approved 24 senior centers this year. Members will review this information for next meeting.
- 7. Senior Services Department Mission Statement:** Patty shared examples of previous Colchester Mission Statements as well as other town's statements. Members discussed age requirements for the center. Some programs are Title III funded and restricted to 60 and older such as Making Memories, meals and transportation. Discussion was tabled until next month.
- 8. Old Business:** R. Levine will pick a date to put all info together for the senior resource guide. Patty checked on the wifi for the tax service and it is secure.
- 9. New Business:** No items were reported
- 10. Citizen's Comments:** No items were reported.
- 11. Adjournment:** G. Siddell motioned to adjourn the meeting at 10:15 a.m. J. Stawicki seconded the motion. All other members present voted in favor. MOTION CARRIED.

Respectfully submitted,

  
Michelle Komoroski